



Invisalign / Clear Aligners



Clear Alignment Treatment is the process of wearing a series of clear, removable aligners that gradually straighten your teeth. No brackets and wires, and none of the restrictions that come with metal braces. Your Dentist will create a unique, digital treatment plan that maps out the exact movements of your teeth. This is done by taking a 3D imprint of your teeth with the Trios 3 Shape Scanner. The digital imprint is sent online to the lab, where an orthodontist screens it and calculations and treatment plan are made. Your clear aligners are then designed to apply the right amount of force to the right place at the right time based on your plan. Your Dentist will be with you every step of the way to monitor your progress and ensure your aligners fit correctly. The amount of aligners depends on your specific case. Once you approve your plan, your unique aligners will be created. You will wear each set of aligners for 22 to 24 hours a day, changing to a new set of aligners every 2 weeks, as directed by your doctor. Each set of aligners will gently and gradually shift your teeth into place, according to your treatment plan, until you reach your beautiful new smile.



Frequently asked questions?

Is Invisalign better than braces?

In general, Invisalign may be a better choice if you have mild misalignments to moderately crooked teeth, want a discreet treatment option, or don't want to deal with the discomfort of braces. Braces may be a better choice if you have severe orthodontic issues or molars need to be moved. Not all cases are treatable with aligners!



How long does Invisalign treatment take??

In general, depending on the complexity of your case, you could complete your treatment in as little as 4 to 9 months. But you'll start seeing results in a matter of weeks.

Can you eat with Invisalign?

You need to remove Invisalign before eating, so you don't need to worry about cutting your food into smaller pieces or cutting out foods that are too hard, too crunchy or sticky. If your teeth aren't feeling tender after new trays, you can eat and drink whatever you like as long as you clean your teeth soon after. Invisalign clear aligners are virtually invisible — people may not even notice you're wearing them. You can remove them to eat and drink, to brush and floss, or for special occasions. There are no metal brackets or wires that could irritate your mouth or break.



Since having my braces removed, my teeth have shifted. Can Invisalign treatment fix this?

Yes, clear aligners can treat nearly all common teeth-straightening issues, from simple to complex. Many people who formerly had braces choose this treatment as the discrete solution to improve their smile when they find that their teeth have shifted back.

I have bridgework on several teeth. Will clear aligners still work?

Clear aligners are designed to move each tooth individually. Because bridgework connects two or more teeth, clear aligners may not be effective.

